

## Support your community

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Please accept my donation of:  
 \$25  \$50  \$100 Other \_\_\_\_\_

*Enclosed is my cheque/money order payable to Churches of Christ Care. Donations over \$2 are tax deductible.*

Or – Please charge my credit card  
 AMEX  Visa  
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 Credit Card No \_\_\_\_\_  
 / / /  
 Expiry Date \_\_\_\_\_  
 Signature \_\_\_\_\_

*Donate online at [care.cofcql.com.au](http://care.cofcql.com.au)*

I have included a bequest to Care in my will  
 I am interested in receiving more information about leaving a bequest to Care  
 I currently do not have a will  
 I will not be leaving a bequest to Care in my will  
 Please send me a personal record book

I'd like more information about:  
 Aged Care Services  
 Retirement Villages  
 Early Childhood Services  
 Foster Care  
 Housing and Support Services

*Churches of Christ Care values your privacy and only collects your information to notify you of information and events related to Care. We will not pass your details to a third party. Should you wish to have your name and contact details removed from our records please phone 1800 600 900.*

Post to: PO Box 508  
 Kenmore, 4069

## Support snapshot



Jack relaxing at his new home, Sanctuary Park Retirement Community.

Our supporters come from all walks of life, with various backgrounds and stories to tell. Each one however, has a passion for Churches of Christ Care (Care) and the desire to make a difference.

Jack and his wife Diana are residents at Care's newest retirement village, Sanctuary Park in Nambour. They came to Sanctuary Park when they were looking to move from their large property to a smaller, community setting.

"We decided that our property was getting a little too hard to manage as we got older and we wanted to become part of a community of our peers, where we could have extra support and peace of mind," Jack said.

"We did a lot of research and visited a number of other retirement villages, but Sanctuary Park was the only one where we felt at home. The

staff treated us as part of the family from our first interaction and we loved that it was a Care village and part of a not-for-profit organisation."

Jack and Diana settled into their new home, but were so impressed with the dedication of the staff, they wanted to give something back.

"The bible verse "by their fruits you shall know them", has encouraged us to donate regularly to the work of Care and their support of Queenslanders in need. We also decided to leave a gift to Care in our Will, as we have witnessed first-hand the work of the staff and know it will be used wisely," Jack said.

Jack and Diana are just some of our valuable supporters who assist Care to provide essential services to 22,000 Queenslanders each year. For information on how you can support Care, please phone 1800 600 900.

## New structure

**Churches of Christ in Queensland has been undergoing a transition to a new organisational structure in recent months.**

The new structure allows for better sharing of resources, clearer lines of communication and improved governance arrangements to help implement the organisation's strategies and achieve its purpose.

The new structure will enable closer interactions between all the divisions of Churches of Christ in Queensland and its member churches.

As part of these changes, a new role of Executive Director for Churches of Christ in Queensland was developed. Dean Phelan has started in this position and comes to the organisation with extensive experience in the not-for-profit sector.

The restructure has also resulted in David Swain being appointed as the Director of Churches of Christ Care (Care). David has been employed with Care for a number of years, most recently as the Transition Coordinator to guide the organisation through the changes. Peter Cranna is now the Director of Finance, Investment and Asset Management.

Despite these changes at the management level, our commitment to serving the community as we have for almost 80 years through our early childhood, child protection, affordable housing and aged care services, has not changed.

As a division of Churches of Christ in Queensland, Care will continue to expand its services to achieve its mission of caring for communities – God's unconditional love in action.

# OUR COMMUNITY IN FOCUS

Churches of Christ Care Newsletter . Issue 12 . Autumn 2010

## Meeting needs through respite

For someone who once felt the exhilarating highs of being a racing car driver, it can be very difficult to come to terms with the fact that you can no longer look after yourself. And it can be even harder for your family members who are required to care for you.



John and Sarah enjoying an outing as part of the Bribie Island Day Respite Service.

For John Knight and his wife Sarah, this is all too true. John is in his early seventies and a few years ago, Sarah started to notice things weren't quite right.

"John started acting a little differently and doing things out of character. I tried to put it out of my mind, and convince myself nothing was wrong, but in the end I had to admit it was the onset of Alzheimer's disease," Sarah said.

"Gradually, things got worse and it became more difficult for John to look after himself. I became his carer and managed for quite a while by myself, but eventually it became too hard for me.

"John spent most of his time at home; he became lonely as his friends

stopped visiting, and there wasn't anything to keep him occupied. I wasn't able to leave him alone and we didn't have any family nearby who could help out. I was so tired all the time and I just couldn't cope. I thought full-time residential care was the only option."

But thankfully for John and Sarah, a newly established respite program, the Bribie Island Day Respite Service, was able to provide the care that John required, and give Sarah some much needed time off.

The Bribie Island Day Respite Service is a demonstration site for an in-residential day respite program. In contrast to the traditional stand alone day respite service, this innovative approach is hosted on the same site as

a residential care facility and uses their infrastructure and clinical support.

The program is much more flexible than a traditional day respite service, as it operates six days a week, for up to 12 hours a day. The primary goal is to support relationships between carers and their dependent family members by providing day respite support for the carer, thus helping to delay the need for permanent residential care.

The day respite experience has a club atmosphere, called Club65, which becomes a familiar recreational venue where the clients are members and contribute to the shape of their day. Clients participate in a range of enjoyable lifestyle activities in a social environment.

**Continued ...**



Churches of Christ in Queensland is a cooperative of over 70 local churches who each choose to gather together for mutual support, action and witness to Queensland and beyond. With over 45,000 people involved regularly in our churches or care and support services, we're proud to be an integral part of the Queensland community. In addition to the local churches, Churches of Christ in Queensland operates a range of care and support ministries grouped into five divisions, of which Churches of Christ Care is one.



**Churches of Christ Care**  
 PO Box 508, Kenmore Q 4069  
**Phone** 1800 600 900  
**Email** [care@cofcqld.com.au](mailto:care@cofcqld.com.au)  
**www.care.cofcql.com.au**

Established in 1930, Churches of Christ Care (Care) is a large not-for-profit Christian organisation active in the areas of aged care, early childhood, child protection, and affordable housing and support services. Care is a division of Churches of Christ in Queensland.

# Thank you

## Helping those less fortunate

Continued from page 1 ...

For John and Sarah, who have been involved with the program for approximately 18 months, it has been life changing.

"John attends the program five days a week and loves it. Initially he was hesitant to go as he didn't know what to expect, but we took him in for a trial and he has never looked back," Sarah said.

"He now has friends and a life at the respite service; this has given him back his self-confidence. He is enjoying being busy again, as he was always very active in life. He really enjoys going on outings, visits from school children and musicians, and has even been able to help make some toys, which will be given to local kids.

"For myself, I can't express how much of a difference it has made to my life. I am now able to go out again and catch up with friends. I can do the shopping and go to the library knowing John is being well looked after.

*"... it enables John to live at home longer ..."*

"I think what they are doing at the Bribie Island Day Respite Service is brilliant. It enables John to live at home longer rather than going into full-time care. It has made such a difference to both John and I and we are so grateful."

For more information about the Bribie Island Day Respite Service, please phone 3400 0701.



One of the grateful families who received a food hamper thanks to our generous supporters.

**"Thank you" – these were the words our Care Housing staff heard time and time again when they were delivering food hampers and other household goods to families in our housing program recently.**

These gifts were possible thanks to our recent fundraising campaign which

raised over \$5,000 to support families in our Family and Individual Support Service. Each of these people receive our assistance because they are earning low incomes, are discriminated against in the private housing market, or are homeless or at risk of homelessness.

The Family and Individual Support Service aims to provide families with stable accommodation as well as individualised support to redevelop self-reliance and independence.

On receiving the food hampers and other household goods the response from our clients was amazing. The faces of the children were beaming and we had many thankful comments from the parents, including one person saying "you are real saviours".

This wonderful gesture made such a difference in the lives of our clients. These hampers were only possible thanks to the generosity of our supporters who gave so freely to help others who are less fortunate than them. To you, we say "thank you".

## Thanks to our supporters of Care Housing

**Care is committed to providing safe and suitable accommodation for people in need including singles, families and the elderly.**

Currently we manage over 500 housing properties throughout South-East Queensland through our Care Housing program. Our housing tenants come from a variety of backgrounds, however all benefit from our support by gaining stable accommodation which can help give them more independence and support to a better future.

Care Housing staff shared some stories from our housing clients at a recent breakfast function for Care's suppliers and business partners. Each story described the difference our housing program made to people

in need and personal stories were shared from appreciative tenants of our newest project at Labrador on the Gold Coast.

Representatives from telehealth provider Tunstall were touched by these stories and that afternoon offered to donate a security alarm and a 24-hour monitoring service, at no charge, to one of our older tenants.

This wonderful gift has been given to a 90-year-old lady. She was very grateful for the alarm, which was installed just in time for her birthday. She now benefits from additional safety and security at home.

We would like to thank Tunstall for their ongoing support and their dedication to assisting our tenants.

# Unexpected trip to Brisbane



Warrawee Aged Care Services resident Doris with Moonah Park staff member Mary.

**The recent flooding in South West Queensland has caused wide-spread devastation to properties, homes, businesses and people.**

Roma had severe flooding and over 200 homes were inundated with water. The Roma Church of Christ was lucky to escape any damage however the community had a large scale clean up. The church combined with other local churches to coordinate an all of town approach to aid and assistance. Many volunteers from the church helped out where needed and funding was provided to those who had lost many of their possessions in the flood.

The rural town of St George was another town drastically affected by the flooding and was completely cut off by road for days.

*"... everything was organised so it was very smooth."*

Care operates a number of services in St George, including aged care and early childhood services, and we weren't spared from the impact of the flooding.

Warrawee Aged Care Services, which provides care for 35 residents with both high and low care needs, was the hardest hit with residents having to be evacuated to Brisbane. The evacuation was a team effort encompassing Care staff in the local area and from across the State, the Queensland Ambulance Service, Queensland Health, the SES as well as local community providers and volunteers.

Care was in the fortunate position to be able to transfer all residents to one of our other facilities, Moonah Park Aged Care Services in Mitchelton.

Within a matter of hours, residents' families had been notified, bags were packed, plans were finalised and the residents were on their way to Brisbane with the help of the Queensland Ambulance Service and a chartered aircraft.

One resident, Doris Lindores, said the surprise visit to Brisbane felt like a holiday.

"When we were told we had to be evacuated, I was a bit worried, but the staff were marvellous and everything was organised so it was very smooth. They had people waiting to greet us with hot tea and coffee when we arrived, even though it was very late at night," Doris said.

"We had a week in Brisbane and it felt like a holiday. I had lots of visits from family members who live locally and even got to catch up with an old friend, which was lovely."

Thankfully, flood waters in St George peaked lower than first expected and the aged care facility was spared from significant damage. Residents have all settled back in to their home and have many stories to tell from their adventure.



Queensland Ambulance Service staff assist a Warrawee resident in the evacuation.



Flood waters surround Warrawee Aged Care Services.

OUR COMMUNITY

# IN FOCUS



## FREE personal records book

In this day and age it can be difficult to keep track of all our important, relevant documents. We have personal details and documents, relatives and family history, financial records, medical history, various advisors, final Will and testament, and the list continues.

That is why Care's personal records book is a great tool. It helps you to organise all your important personal information and future wishes, and assists you and your solicitor to work out your optimum estate plan for your Will. It is a great reference for yourself, and also for your loved ones should they need it in an emergency.

**For your free copy of the personal records book, please contact us on 1800 600 900.**