

MEDIA RELEASE



16 February 2011

A respite program where you want to be

Churches of Christ Care's Bribie Island Day Respite Program has created a community where care is synonymous with fun.

The centre offers assistance to those caring for an elderly person, relative or friend, but also provides a welcoming social place for those receiving care.

"We have created an environment that is much more like a social club than a care centre," coordinator William Feez said.

"Our service enables care providers to return to the workplace or take a break from caring. But it is also an opportunity for clients to participate in programs and activities which enhance quality of life and provide social contact. We organise weekly excursions and bus outings to places such as Maleny, Caloundra and Woodford, and also weekly bus trips around the Island. We also run a program called Elder Mentors, which are workshops held at the centre with children from the local primary school, where they all share stories together. We are highly committed to providing an inspiring and positive environment for our club members. They can choose from various activities such as 'friends discussion circle', gentle yoga and dance movements, relaxation, music therapy, painting, poetry, singing, cooking, bowling, bingo and many more great pastimes, making our days rich and meaningful."

Churches of Christ Care's Bribie Island Day Respite Program offers care between 7.30am and 7.30pm, five days a week, and is a flexible service designed to assist and support people who are providing care for a loved one at home.

Our flexible, client focused approach uses the existing infrastructure, services and skills within Bribie Island Aged Care Services to deliver the program. For more information phone the centre on (07) 3410 3723.

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About Churches of Christ Care

Churches of Christ Care is a division of Churches of Christ in Queensland—a group of churches that is part of the worldwide Christian church.

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We strive to create an inclusive, caring, compassionate environment that meets our clients' needs without discrimination or prejudice. Everyone is welcome to call on our help regardless of their religious background.

Churches of Christ Care is one of Queensland's leading providers of early childhood, child protection, affordable housing, retirement living and aged care services. We are a not-for-profit organisation that supports more than 27,000 clients each year in urban, rural and remote areas.

We operate 137 services throughout Queensland with the support of more than 2,800 staff and over 700 volunteers.

Churches of Christ Care is built on a foundation of Christian values, commitment to quality care, and trust and respect for clients and the community.