

# MEDIA RELEASE



23 March 2011

## Supporting older people to remain independent

Older residents across the Gold Coast wishing to stay in their own homes or independent living units, but requiring a little extra help with day-to-day tasks, can access Churches of Christ Care's South Coast Community Care Program.

Churches of Christ Care's Community Care Program offers Community Aged Care Packages (CACP), Extended Aged Care at Home Dementia Packages (EACHD), and now provides Extended Aged Care at Home packages (EACH), to support older people to remain independent in their own homes.

Janet's mother Bev came into the Community Care Program five years ago, when they both decided Bev needed help at home.

"It is hard to describe how much the CACP, and now the EACHD program, have helped my mother and our family," Janet said.

"At the beginning, we just started with a few hours a week with the CACP, more for companionship for Mum than anything else.

"Gradually, as Mum's needs became more demanding, we moved into the EACHD program, until the time Mum had to have 24-hour care.

"The support through this transition and over the past five years has been incredible. It has made my life so much easier, and has allowed Mum to retain her independence and dignity, something very important to us.

"The individual Carers from the Community Care Program take everything in their stride professionally and with a smile. The support the team has provided to the whole family is just amazing."

Churches of Christ Care offers a number of Community Care Programs delivered in many locations across the South Coast, including the Hinterland.

Home and Community Care, Travel Care and an Older Persons Action Program are all run by Churches of Christ Care, in connection with CACP, EACHD and EACH packages.

For more information phone Tanya at Churches of Christ Care's South Coast Community Care Program on 5575 9527.

*Name of client changed for privacy reasons.*

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For further information, please contact:

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## **About Churches of Christ Care**

Churches of Christ Care is a division of Churches of Christ in Queensland—a group of churches that is part of the worldwide Christian church.

We strive to create an inclusive, caring, compassionate environment that meets our clients' needs without discrimination or prejudice. Everyone is welcome to call on our help regardless of their religious background.

Churches of Christ Care is one of Queensland's leading providers of early childhood, child protection, affordable housing, retirement living and aged care services. We are a not-for-profit organisation that supports more than 27,000 clients each year in urban, rural and remote areas.

We operate 137 services throughout Queensland with the support of more than 2,800 staff and over 700 volunteers.

Churches of Christ Care is built on a foundation of Christian values, commitment to quality care, and trust and respect for clients and the community.